



Dear Parents and Carers,

This term our PSHE lessons will be focusing on Growing Up and Keeping Safe. This will include elements of Sex and Relationships Education.

At Perrymount we want our young people to grow up healthy, safe and informed and be able to make positive life choices. Sex and Relationship Education supports young people in developing self-confidence and prepares them for the physical and emotional changes they will encounter as they grow into adults.

It will be taught in an age appropriate manner and be respectful and sensitive to our diverse community.

Detailed below are the curriculum outcomes for your child.

**Relationships Education curriculum – Pupil Learning Outcomes (Y1)**

- To identify, name and draw the basic parts of the human body and say which part is associated with each sense.
- To understand that their body belongs to them and that they should tell someone they trust if anything makes them feel worried or upset.

Relationships education is statutory requirement of the national curriculum however, if you do have any worries or questions you would like to discuss regarding the above content, please contact myself and I will be happy to discuss your concerns with you.

A copy of our Relationships Policy is available from the school office.

With Thanks

Nina Wilson  
Deputy Headteacher